Claims:

1. A compound represented by the structural formula:

$$R_4$$
 R_1
 R_2
 R_3
 R_4
 R_3

5 wherein

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R₁ is hydrogen;

 C_{1-10} alkyl or substituted alkyl;

 $O(CH_2)_n - Y;$

 $N(COZ)(CH_2)_mY$; or

 $N[(CH_2)_mX][(CH_2)_nY];$

 R_2 and R_3 are independently selected from:

hydrogen;

 C_{1-10} alkyl or substituted alkyl; or

R₂ and R₃ together are cycloalkyl;

15 R_4 is hydrogen;

 C_{1-10} alkyl or substituted alkyl;

phenyl or substituted phenyl;

 $(CH_2)_nY$; or

 $(CH_2)_mO(CH_2)_nY$;

wherein:

m and n are independently between 1 and 10;

X and Y are independently selected from hydrogen,

CO₂H or salts thereof or OPO₃²⁻;

Z is hydrogen or C_{1-10} alkyl or substituted alkyl;

25 and,

X is an effector moiety or a group capable of being coupled or converted to an effector moeity.

2. The compound of claim 1 represented by the structural formula:

$$R_4$$
 R_2
 R_3
 R_4

wherein

 R_2 and R_3 are independently selected from hydrogen, $C_{1\text{--}10}$ alkyl or substituted alkyl, or R_2 and R_3 together are cycloalkyl;

 R_4 ' is a blocking group; and, X is an effector moiety.

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3. The compound of claim 2, wherein $R_4{}^\prime$ is selected from:

hydrogen;

 C_{1-10} alkyl or substituted alkyl;

phenyl or substituted phenyl;

 $(CH_2)_nCO_2Y$; and,

 $(CH_2)_n - O - (CH_2)_m Y;$

wherein:

m and n are independently between 0 and 10; and,

Y is hydrogen, or C_{1-10} alkyl or substituted alkyl.

4. The compound of claim 1 or claim 2 which is:

Methyl 1-glutaryl-7-nitroindoline-5-acetate 8;

Methyl 1-[(5-dihydroxyphosphoryloxy)pentanoyl)]-7-

25 nitroindoline-5-acetate 9;

Methyl 1-[S-(4-amino-4-carboxybutanoyl)]-7-nitroindoline-5-acetate**10**;

Methyl 1-(4-aminobutanoyl)-7-nitroindoline-5-acetate 21;

Methyl 1-acetyl-7-nitroindoline-5-acetate 16;

Mono[1-(5-methoxycarbonylmethyl-7-nitroindolyl)] amide of 1,2-bis(O-aminophenoxy)ethane-N,N,N',N'-tetraacetic acid; 1-Acetyl-4-methoxy-7-nitroindoline 25;

1-Acetyl-4-methoxy-5-methyl-7-nitroindoline 25;

- 5 1-[S-(4-Amino-4-carboxybutanoyl)]-4-methoxy-7nitroindoline;
 1-(4-Aminobutanoyl)-4-methoxy-7-nitroindoline;
 - 1-(4-Aminobutanoyl)-4-methoxy-7-nitroindoline;
 1-[(5-Dihydroxyphosphoryloxy)pentanoyl)]-4-methoxy-7nitroindoline;
- Mono[1-(4-methoxy-7-nitroindolyl)] amide of 1,2-bis(0aminophenoxy)ethane-N,N,N',N'-tetraacetic acid;
 1-[S-(4-Amino-4-carboxybutanoyl)]-4-methoxy-5-methyl-7nitroindoline;
 - 1-(4-Aminobutanoyl)-4-methoxy-5-methyl-7-nitroindoline;
- 15 1-[(5-Dihydroxyphosphoryloxy)pentanoyl)]-4-methoxy-5methyl-7-nitroindoline; or,
 Mono[1-(4-methoxy-5-methyl-7-nitroindolyl)] amide of 1,2bis(O-aminophenoxy)ethane-N,N,N',N'-tetraacetic acid.
- 5. The compound of any one of claims 1 to 4, wherein the effector moiety X is a label, a drug, a toxin, or a carrier or transport molecule.
- 6. The compound of any one of claims 1 to 5, wherein the effector moiety is an amino acid, a peptide or a polypeptide.
- The compound of claim 6, wherein the effector moiety is a neuroactive amino acid such as L-glutamate, GABA and glycine.
 - 8. The compound of claim 7, wherein the effector moiety is thyrotrophin releasing hormone, an enkephalin, bradykinin or and angiotensin II.

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- 9. The compound of any one of claims 1 to 4, wherein the effector moiety is metal ion chelator capable of release on photolysis to bind metal ions.
- 5 10. The compound of claim 9, wherein the metal ion chelator is EDTA, BAPTA or EGTA.
 - 11. A compound of any one of claims 1 to 10 for use in a method of medical treatment.
 - 12. A compound of any one of claims 1 to 10 for the preparation of a medicament for the treatment of a condition which responds to the effector moiety.
- 13. A composition comprising a compound of any one of claims 1 to 10.
- 14. A process for releasing an effector moiety, the process comprising irradiating a photoreleasable compound of any one of claims 1 to 10 to cause the release of the effector moiety.
 - 15. A process for producing a compound of any one of claims 1 to 10, the process comprising:
- 25 (a) reacting indoline or a derivatised indoline to substitute a blocking group at the 5-position;
 - (b) reacting the indoline compound of step (a) to couple an effector moiety at the heterocyclic nitrogen, the effector group having a protecting group; and,
- 30 (c) nitrating the indoline compound of step (b) at the 7-position to produce said compound.
 - 16. A process for purifying a compound of any one of claims 1 to 10, the process comprising:

- (a) eluting the compound from a HPLC column using aqueous methanol containing buffer salts;
- (b) desalting fractions containing the compound obtained from step (a) on Amberlite XAD-2 resin; and,
- (c) eluting the resin with methanol to recover the compound.

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